

# ShakeOut During COVID-19



Throughout the pandemic, many of us spent more time at home and have made changes in our lives including where we work and attend school, and where we spend time with other people. As you plan for ShakeOut, think about: When was the last time you checked on your disaster supplies? Have you “Secured Your Space” to prevent damage and injury? What changes or updates are there to your emergency plans and important contacts? As always, ShakeOut organizers are here to help you (and everyone, everywhere) successfully participate.



## Considerations:

- **How will you hold your drill?** In-person, remote, or both? Consider video conferencing and using drill leader presentations at [ShakeOut.org/COVID19](https://ShakeOut.org/COVID19).
- **Choose your own date** (or practice in smaller groups on different dates). Most may still participate on International ShakeOut Day (10/21 this year).
- **Follow local health and safety guidelines** for distancing and face masks.
- Follow the **Seven Steps to Earthquake Safety** to protect your family, workplace, property, and way of life ahead of the next big earthquake: [bit.ly/7stepsECA](https://bit.ly/7stepsECA).
- For tools and tips to lead and support ShakeOut online or in-person, visit [ShakeOut.org/COVID19](https://ShakeOut.org/COVID19).
- Prepare for **other hazards** near you, such as extreme weather, fires, floods, tsunamis, landslides, and volcanic eruptions.



[ShakeOut.org/COVID19](https://ShakeOut.org/COVID19)

