

Seven Steps to Earthquake Safety



Follow the Seven Steps to Earthquake Safety to be prepared to survive and recover from the next damaging earthquake. Learn more at EarthquakeCountry.org/sevensteps.

Prepare



Step 1: Secure your space by identifying hazards and securing moveable items.



Step 2: Plan to be safe by creating your emergency plan and deciding how you will communicate.



Step 3: Organize emergency supplies in convenient locations.



Step 4: Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance coverage.

Survive



Step 5: Drop, Cover, and Hold On or other recommended actions (if you feel shaking or get an alert).



Step 6: Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.

Recover



Step 7: Reconnect and Restore daily life by reuniting with others, repairing damage, and rebuilding community.