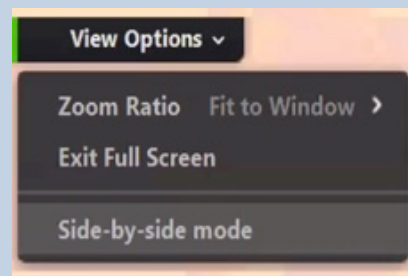


Zoom Webinar General Information

- At the top of your Zoom window:
Change “View options” to
Fit to Window and *Side-by-side mode*
- Your sound will be on mute
- Your video will not be seen



Earthquake
Country
Alliance
We're all in this together.

We Will Begin Shortly

1

How to Participate:

- Click “**Q&A**” to post a question for the panelists
 - There may not be time for all questions to be asked
- Click “**Chat**” to share information, ask for technical support, and to communicate with panelists

Audio Settings ^



Chat



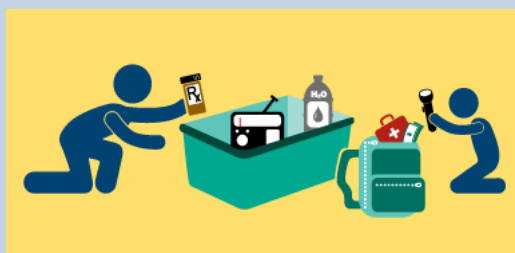
Q&A

Leave Meeting

2

ECA's Safer at Home Webinar Series

Step 3: Organize Disaster Supplies



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Country
Alliance**
We're all in this together.

EarthquakeCountry.org/step3
Terremotos.org/paso3

**Shake
Out**TM

3

Earthquake Country Alliance

- 1500+ *Public-Private-Grassroots* leaders
- Statewide *Sector-based committees* and *Outreach Bureaus* develop resources and deliver programs
- Local *Regional Alliances* organize meetings and outreach activities
- California's Office of Emergency Services provides FEMA funding for ECA activities
- USC's Southern California Earthquake Center administers ECA



Join : EarthquakeCountry.org/alliance



Mark Benthien EarthquakeCountry.org Terremotos.org ShakeOut.org
Executive Director, Earthquake Country Alliance @ So. Cal. Earthquake Center

SC/EC
AN NSF+USGS CENTER

4



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Safer at Home Webinar Series	
Step 1 – Secure Your Space:	June 30
Step 2 – Plan to Be Safe:	August 19
Step 3 – Organize Disaster Supplies:	September 2
Step 4 – Minimize Financial Hardship:	September 23
Step 5 – Drop, Cover, and Hold On:	September 30
Step 6 – Improve Safety:	October 21
Step 7 – Reconnect & Restore:	Mid-November
EarthquakeCountry.org/SaferAtHome	

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Step 3: Organize Disaster Supplies Webinar Team

Host:

- Mark Benthien (Executive Director, ECA & Director for Outreach, So. Cal. Earthquake Center @ USC)

Presenters (in order of speaking):

- Margaret Vinci (Manager, Caltech Office of Earthquake Programs & Chair, ECA SoCal)
- Ethan Walker (Regional Preparedness Manager, American Red Cross Central California Region)
- LaVinnia Pierson (Associate of Pastoral Care and Outreach, Los Altos Lutheran Church)
- Linda Nellist (Lead Instructor, Humboldt CERT Coalition, & member, Redwood Coast Tsunami Work Group)

Moderators:

- Sharon Sandow de Groot (Deputy Director, ECA @ So. Cal. Earthquake Center)
- Jason Ballmann (Communications Manager, So. Cal. Earthquake Center)

7

Step 3 Webinar Agenda

- Under-Bed Bags
- Go Bags / Car Kits
- Home Supplies / Stay Kits
- Workplace Supplies

EarthquakeCountry.org/step3

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Step 3: Organize Disaster Supplies
of The Seven Steps to Earthquake Safety
EarthquakeCountry.org/step3

It may be easier and cheaper than you think to **organize** disaster supplies in convenient locations. This is not just about "having a kit." Include supplies specific to you, such as medications, eyeglasses, clothing, shoes, toiletries, and more. This is in addition to the basic supplies everyone should have (water, food, first-aid, flashlight, radios, etc...).

The chart below can help you customize your supplies for when and where you need them: **under-bed bag** (immediate supplies), **evacuation** ("go-bag" - 3 days), **home** (2 weeks), and perhaps at **work** and in your **car**. Choose what makes the most sense based on your needs and budget.

Under-Bed?	Go-Bag?	Home?	Work?	Car?	Item:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Clothing, shoes, hard hat / helmet, gloves
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Whistle
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flashlight / headlamp
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dust mask and goggles
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Glasses / contacts
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tools (gas wrench, shovel, crowbar, knife)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Contact lists (in-state, out-of-state)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Copies of ID / important documents
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Medications / Copies of Prescriptions
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	First-aid supplies and emergency blanket
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water and food (long shelf-life)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Portable radio
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toiletries (sunscreen, tissue, hygiene items)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cash (small bills)
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flares / road hazard lights
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item

Choose... what makes sense for YOU and where to keep it

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8

Under-Bed Bags

Purpose: prevent injury and improve safety immediately after shaking

- Cut feet and hands
- Tripping over objects
- Open jammed doors
- Help injured



Under-Bed?	Go-Bag?	Home?	Work?	Car?	Item:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Clothing, shoes, hard hat / helmet, gloves
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item

Choose... what makes sense for YOU and where to keep it!

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Margaret Vinci caltech.edu earthquakecountry.org/socal

Manager, Caltech Office of Earthquake Programs & Chair, ECA SoCal

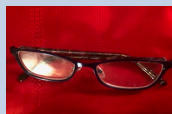
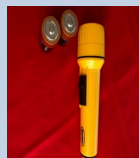
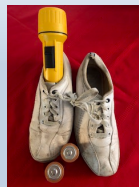
Caltech

9

Under-Bed Bags

Essential Items:

- Sturdy shoes
- Flashlight/batteries or miners light
- Work gloves
- Glasses



Secondary Items:

- Hard Hat w/ miners light
- Protective clothing
- Crow Bar
- Whistle
- First Aid Kit
- Water
- Face Mask



10

Immediately After an Earthquake

- Put on protective clothing
 - Long pants, long sleeved shirt
- Check for injuries – help others
- Smell gas – turn off
- Turn off water to the house
- Place Help or OK sign in the window



- Grab “Go Bag” and take to neighborhood meeting place
- If near water, go to high ground



11

Q&A

Please type your questions into the “Q&A” tool.

We will try to answer all questions, either in writing or via discussion “live”

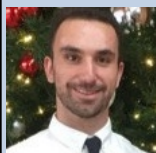
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EarthquakeCountry.org/SaferAtHome

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Go Bags / Car Kits

- Go-bag – mobile, supplies for **3 days** in case you need to evacuate quickly
- Car kit – can include go-bag and/or supplies in case you're stranded in your car



Ethan Walker

www.redcross.org

Preparedness Manager, American Red Cross Central California Region



**American
Red Cross**

Under-Bed?	Go-Bag?	Home?	Work?	Car?	Item:
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item _____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item _____

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Go Bags / Car Kits

- Also consider:
 - Sanitation (face covering, sanitizer, toiletries)
 - Copies of important documents (ID, medical), extra cash
- Car kit:
 - Flares, jumper cables, maps of area
 - Seasonal supplies (i.e., emergency blankets, sunscreen)

Gather The Essentials

- What is essential every day
- Needs of every household member
- Keep it fresh

1 gallon per day, per person

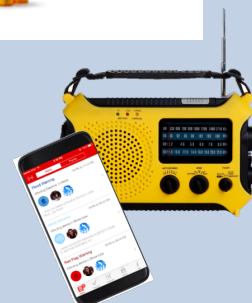
Emergency Contact Card

Name: _____

Phone: _____

Home Address: _____

People to Call or Text in an Emergency



14

Q&A

Please type your questions into the “Q&A” tool.

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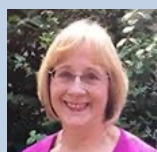
Home Supplies / Stay Kits

Just Start!

Under-Bed?	Go-Bag?	Home?	Work?	Car?	Item:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Clothing, shoes, hard hat / helmet, gloves
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Whistle
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flashlight / headlamp
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dust mask and goggles
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toiletries (sunscreen, tissue, hygiene items)
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LaVinnia Pierson

losaltoslutheran.org

Associate of Pastoral Care and Outreach, Los Altos Lutheran Church



16

Home Supplies / Stay Kits

- Easy to access, compact
- Can grab and go if needed for quick evacuation
- Multi-purpose: Travel or emergencies



17

Home Supplies / Stay Kits

Water:

- 1 gallon of water per person
 - for at least 3 days
 - ideally up to 2 weeks
- Water filter, Aquatabs (to purify water if needed)



18

Home Supplies / Stay Kits

- **First Aid Kit**

- Prescription Medications, Band aids, anti-bacterial cream, anti-inflammatory (Advil), salt, athletic tape, pepto bismol, anti-diarrheal, eye drops, gauze bandages, butterfly band aids, scissors, tweezers, vinyl gloves, emergency phone numbers, first aid manual

- **Hygiene Kit**

- Soap, Hand sanitizer, Toothbrushes, toothpaste, shampoo, deodorant, sunscreen, lotion, chap stick, Toilet paper, feminine products, etc.
- Hand towel, washcloth



19

Home Supplies / Stay Kits

- Portable Toilet
- Toilet paper
- Black Garbage bags or purchased kit
- (“Lugable Loo” – 5 gallon bucket with a seat that seals)



20

Home Supplies / Stay Kits

Food – Shelf Stable, Replace often

- Dehydrated food (i.e. Mountain House brand)
- Peanut or other nut butter
- oatmeal packets,
- canned chili, canned soup, canned beans, canned vegetables
- canned tuna or chicken
- dried fruit, trail mix
- tea or coffee packets



21

Home Supplies / Stay Kits

Cooking Supplies

- Plate, bowl, cup, fork, spoon for each family member
- Sharp knives, cutting board
- Swiss Army knife, utility knife, Small tool kit (screwdrivers, pliers, wrench, etc.)
- Aluminum foil, garbage bags, plastic sandwich bags, quart zip lock bags
- Paper towels



22

Home Supplies / Stay Kits

Other Supplies

- Candle, matches, Mirror, Whistle
- Flashlight, headlamp, extra batteries
- Emergency blanket
- Masks, N-95
- Para cord (strong, thin rope)
- Battery powered radio
- Extra copy of important documents, passwords
- Extra Cash, small bills and change
- Extra keys



23

Home Supplies / Stay Kits

- Laptop
- Charging Cables
- Flashdrive, password protected
- Battery power bank
- Documents folder



24

Home Supplies / Stay Kits

- Extra Clothes
- Pants, Shirt,
- Socks, Underwear
- Jacket



25

Home Supplies / Stay Kits

Pet Supplies

- Kennel
- Food
- Dishes
- Water
- Litter and waste bags
- Leash



26

Q&A

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Workplace Supplies

- **Working from home?**
 - Office location
- **Essential Workers**
- **Duplicate items?**



Linda Nellist

humboldtcert.com

Lead Instructor, Humboldt CERT Coalition & member, RCTWG

Under-Bed?	Go-Bag?	Home?	Work?	Car?	Item:
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Portable radio
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toiletries (sunscreen, tissue, hygiene items)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cash (small bills)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Maps (local and regional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pet supplies (food, water, toys, leashes)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Litter / sand (spills, traction)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Jumper cables, spare tire, inflator, jack
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flares / road hazard lights
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item _____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item _____

Choose... what makes sense for YOU and where to keep it!

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HCC HUMBOLDT
CERT COALITION

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Workplace Supplies

- Rain gear, sox, sturdy shoes, gloves
- Foil Emergency Blankets
- Light sticks, flashlight, batteries
- Small supply of essential medications
- Whistle
- Extra set of important keys
- Rechargeable (solar) battery block & cables for cell phone
- Selected first aid supplies in a sealable bag
- Protein bars, trail mix, nuts in well sealed bags
- Password protected flash drive with important documents
- Copy of family, co-workers' & friends' contact numbers
- Personal items



Living on Shaky Ground & Staying Safe Where the Earth Shakes, etc.:
EarthquakeCountry.org/booklets

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Q&A

Please type your questions into the "Q&A" tool.

We will try to answer all questions, either in writing or via discussion "live"

The recording of today's webinar will be available by early next week at:

EarthquakeCountry.org/SaferAtHome

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Safer at Home Webinar Series

Step 1 – Secure Your Space:	June 30
Step 2 – Plan to Be Safe:	August 19
Step 3 – Organize Disaster Supplies:	September 2
Step 4 – Minimize Financial Hardship:	September 23
Step 5 – Drop, Cover, and Hold On:	September 30
Step 6 – Improve Safety:	October 21
Step 7 – Reconnect & Restore:	Mid-November

EarthquakeCountry.org/SaferAtHome

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ECA's Safer at Home Webinar Series

Step 3: Organize Disaster Supplies



Thank you!



Recording and links from today's webinar (in a few days):

EarthquakeCountry.org/SaferAtHome

Please take our webinar survey:
surveymonkey.com/r/BJ2MHY7

Questions?
info@earthquakecountry.org

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