Zoom Webinar General Information

• At the top of your Zoom window: Change “View options” to Fit to Window and Side-by-side mode

• Your sound will be on mute

• Your video will not be seen

How to Participate:

• Click “Q&A” to post a question for the panelists
  • There may not be time for all questions to be asked

• Click “Chat” to share information, ask for technical support, and to communicate with panelists

We Will Begin Shortly
ECA’s Safer at Home Webinar Series

Step 2: Plan to Be Safe

EarthquakeCountry.org/step2
Terremotos.org/paso2

Webinar Agenda

1. Overview of ECA’s Safer At Home Webinar Series
2. Plan to Be Safe During an Earthquake
3. Plan to Respond After an Earthquake
4. Plan to Communicate and Recover After an Earthquake (or any disaster)

Carol Parks
emergency.lacity.org
Assistant General Manager, City of LA Emergency Management Dept.
Earthquake Country Alliance

• 1500+ Public-Private-Grassroots leaders
• Statewide Sector-based committees and Outreach Bureaus develop resources and deliver programs
• Local Regional Alliances organize meetings and outreach activities
• California’s Office of Emergency Services provides FEMA funding for ECA activities
• USC’s Southern California Earthquake Center administers ECA

Join: EarthquakeCountry.org/alignment

Seven Steps To Earthquake Safety

1. Secure Your Space
2. Plan To Be Safe
3. Organize Supplies
4. Minimize Financial Hardship
5. Drop, Cover, and Hold On
6. Improve Safety
7. Reconnect and Restore

EarthquakeCountry.org/sevensteps Terremotos.org/sietepasos
Safer at Home Webinar Series

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<td>June 30</td>
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<td>Step 3 – Organize Disaster Supplies:</td>
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Register and View Recordings (within a few days) at: EarthquakeCountry.org/SaferAtHome

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**Step 2: Plan to Be Safe Webinar Team**

- **Host:**
  Carol Parks (Assistant General Manager, City of Los Angeles Emergency Management Department)
  (Chair of ECA’s Public Sector Committee)

- **Presenters (in order of speaking):**
  Amanda Moyer (Executive Officer, California Earthquake Early Warning Program, CalOES)
  Mark Benthien (Executive Director, Earthquake Country Alliance @ So. Cal. Earthquake Center)
  Michael Ramirez (Supervising Emergency Services Officer, County of San Bernardino)
  Guillermo Sanchez (Preparedness Manager, American Red Cross Los Angeles)
  Crisanta Gonzalez (Emergency Management Coordinator, City of Los Angeles)
  Roxann Crawford (Disability Integration Specialist, FEMA Region IX)
  Karen Baker (Listos California Co-Chair, California Governor’s Office of Emergency Services)

- **Moderators:**
  Sharon Sandow de Groot (Deputy Director, ECA @ So. Cal. Earthquake Center)
  Jason Ballmann (Communications Manager, So. Cal. Earthquake Center)
Plan to Be Safe During an Earthquake

- What is Earthquake Early Warning?
- How can it help me stay safe during an earthquake?

Amanda Moyer  earthquake.ca.gov  caloes.ca.gov
Executive Officer, California Earthquake Early Warning Program, CalOES

Earthquake Early Warning System in California

- How Does it Work?
  - There are more than 700 earthquake sensors across the state.
  - When an earthquake occurs it must hit three sensors and those sensors send data to an earthquake alert center.
  - The earthquake alert center runs an algorithm that determines magnitude, shaking intensity, and location and then sends an alert directly to:
    - The Integrated Public Alert and Warning System (IPAWS) for Wireless Emergency Alerts (WEA),
    - An App like MyShake, or
    - An Android device
Plan to Be Safe: How Can I Get Alerts?

- MyShake App
  - earthquake.ca.gov
- Wireless Emergency Alerts (WEA)
- Android IOS

Plan to Be Safe: Drop, Cover, and Hold On

- Practice self-protection: **Drop, Cover, and Hold On**
  - Prevents being thrown to the ground
  - Reduces injury from falling or flying items, inside or falling from exteriors
  - Increases chance of surviving a building collapse

- Identify safe spots

Mark Benthien  EarthquakeCountry.org  Terremotos.org  ShakeOut.org
Executive Director, Earthquake Country Alliance @ So. Cal. Earthquake Center
### Plan to Be Safe: Other Self-Protective Actions

- **Learn how to protect yourself**—wherever you are

- **If you can’t get back up**—don’t get down
  - EarthquakeCountry.org/disability

- **Guidance for many situations**—
  - EarthquakeCountry.org/step5
  - Terremotos.org/paso5

### Great ShakeOut Earthquake Drills

- Schools, organizations, and families practice earthquake safety (Drop, Cover, and Hold On) and other aspects of their emergency plans

- **2019:** 10.8 million in California  
  21.7 million nationwide  
  68+ million worldwide

- **2020 International ShakeOut Day:** October 15

- Learn more and register: [ShakeOut.org](https://ShakeOut.org)  
  [ShakeOut.org/espanol](https://ShakeOut.org/espanol)
• Keep **shoes** and a **flashlight** in a **closed** bag attached to each bed.

• You can also include other items as in this picture.

Michael A. Ramirez  
**www.sbcfire.org**  
Supervising Emergency Services Officer, County of San Bernardino
Plan to Respond: How to Signal Rescuers

- Teach everyone in your household to use emergency whistles and/or to knock three times repeatedly if trapped.

- Rescuers searching collapsed buildings will be listening for sounds.

Plan to Respond: Extinguish Small Fires

- Get a fire extinguisher for your home.

- Your local fire department can train you and your family to use it properly.
Plan to Respond: Utility Shutoffs

- Know the location of utility shutoffs and keep needed tools nearby.
- Make sure you know how to turn off the gas, water, and electricity to your home.
- Only turn off the gas if you smell, hear, see leaking gas
  - Use wrench and turn ¼ way

Guillermo Sanchez  redcrossla.org
Preparedness Manager, American Red Cross Los Angeles
Plan to Respond: Home Fires & Smoke Alarms

- Get out and Stay Out
- Create a family escape plan
- Practice your plan
- Install smoke alarms
  - Test them monthly
  - Every level of your home
  - Install in bedrooms and hallways
  - 10-year lithium alarms

Plan to Respond: Red Cross Trainings

- Take a Red Cross first aid and CPR training course.
- Take a disaster preparedness class
- Donate Blood
- Download our Emergency App

www.redcross.org
Q&A

Plan to Respond: Neighborhood Programs

• Learn about neighborhood preparedness programs such as:
  – Ready Your LA Neighborhood
  – Map Your Neighborhood
  – Neighborfest

Crisanta Gonzales  emergency.lacity.org
Emergency Management Coordinator, City of Los Angeles
Plan to Respond: Know Your Neighbors

- Work with your neighbors to identify who has skills and resources that will be useful in an emergency.

- Learn who may need special attention (children, elderly, disabled, etc).

Plan to Respond: Take CERT Training

- Check with your city or county to see if there is a Community Emergency Response Team (CERT) in your area.

- If not, ask how to start one.
Plan to Respond: Inclusive Planning

- Identify the needs of household members and neighbors with specific requirements or situations such as mobility needs, specific diets, medications, and communication needs.
- Do people know how to reach out virtually, how to access information digitally?
- Partnerships with community organization and service providers have never been more important.

Roxann Crawford  
Disability Integration Specialist, FEMA Region IX

Plan to Respond: FEMA Programs

- FEMA Until Help Arrives  
  Ready.gov/untilhelparrives

- Other training/prep resources  
  training.fema.gov/is/crslist.aspx
A disaster preparedness campaign aimed to educate over 1 million of the most vulnerable: people in poverty, people with disabilities, older Californians and non-English speakers.

Karen Baker  listoscalifornia.org
Listos California Co-Chair, Governor’s Office of Emergency Services
### 5 Steps for Emergency Preparedness (any disaster)

- Get alerts to know what to do ([CalAlerts.org](http://CalAlerts.org))
- Make a plan to protect your people
- Get to safety with things you need
- Stay safe at home when you can’t leave
- Help friends and neighbors get ready

### Learn via Text (Multiple Languages)

- Text “LISTOSCA” to 72345 to Get Ready for Disaster
  - You will receive one text message per day, sent at a time you choose, over the course of a week.
  - Each text will include a disaster readiness tip and prompt individuals to take a specific action.
  - Available now in English, Spanish, Filipino Cantonese, Vietnamese, Korean and Hmong.

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`listoscalifornia.org`
Q&A

ECA’s Safer at Home Webinar Series

Step 2: Plan to Be Safe

Thank you!

Recording and links from today’s webinar (in a few days):
EarthquakeCountry.org/SaferAtHome

Please take our webinar survey:
surveymonkey.com/r/V6CPCDC

Questions?
info@earthquakecountry.org